



**YOUR CHANCE TO TAKE A PROACTIVE
ROLE IN YOUR COMMUNITY**

**Bringing local
people and services
together to improve
health and wellbeing
for your community**

Join our Champions

- Are you committed and passionate about improving the health and wellbeing of your community?
- Do you want to get the tools and resources to enable your community to come up with their own solutions?
- Do you want to be at the forefront of bringing about positive change?
- Are you interested in taking part in training opportunities?
- Do you want to get involved in planning and running community events as part of a group or network in association with (Healthy North Belfast).

Become a Befriender

- Befriending offers supportive, reliable relationships to people in your local community.
- Help those in need to access services
- Connects people to services in their area.
- Are you able to attend the training organised in your local area.
- Get involved in planning and running community events as part of a group or network.



The Communities in Transition project is funded by the Executive Office and managed by Co-Operation Ireland. This Health and Wellbeing project aims to support ambitious initiatives aimed at building capacity of individuals and groups to affect positive change. The project is delivered by Ashton Community Trust across both New Lodge and Ardoyne and are seeking support from within the community to deliver the project.

For further information contact:

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The Executive Office

