

GREATER NEW LODGE COMMUNITY MAGAZINE



Ashton Community Trust

September 2018

Ashton Centre, 5 Churchill Street, Belfast BT15 2BP Tel: (028) 90742255 email: leo.morgan@ashtoncentre.com

facebook.com/ashton.centre

twitter.com/ashtoncommtrust

instagram.com/ashtoncommunitytrust/

North Belfast Lantern Festival 2018

This Year Promises You The Moon & The Stars



Annual Lantern Festival is back to light up Alexandra Park on 29th and 30th October

Wrap up in your warmest clothing, get out your fancy dress and join us for our annual lantern festival. Each year hundreds of people, carrying dozens of unique, hand-made, glowing lanterns, parade proudly from Girdwood Community Hub through the streets of North Belfast to Alexandra Park to enjoy a programme of entertainment, amusements and fireworks to delight all ages.

What better way to beat the Autumn blues?! You don't want to miss it! To join in the fun purchase Wristbands in advance from Ashton Centre, priced at £2 per person. For further information or to get involved contact Gerard O'Donnell at New Lodge Arts on (028) 90742255

Magazine Highlights

- Page 1 - North Belfast Lantern Festival
- Page 3 - North Belfast Appreciative Inquiry
- Page 4 - Breakthrough Programme
- Page 5 - New Lodge Youth Centre
- Page 6 - New Lodge Arts Update
- Page 8 - Training & Employment Open Day A Great Success
- Page 9 - Lower North Belfast Family Support Hub
- Page 10 - North Belfast Men's Shed New Premises Launch
- Page 11 - Sailortown Festival Success
- Page 12 - Greater New Lodge Community Festival
- Page 14 - Local Young People Loved Planet Love
- Page 15 - End In Sight For Seven Towers?
- Page 16 - New Lodge Now & Then Exhibition
- Page 17 - Ashton Community Bursary Awards 2018
- Page 18 - Ashton FabLab
- Page 19 - Drug & Alcohol Services for North Belfast
- Page 20 - Safer Streets Works To Make Our Area Better
- Page 21 - T.D.K. Community Group
- Page 22 - Kinderkids Day Care Opens New Nursery
- Page 23 - Task Team Property Maintenance
- Page 24 - Ashton Services

North Belfast Lantern Festival 29th & 30th October



Belfast Works

LEMIS+ Project

Are you claiming Universal Credit (ESA Element), PIP or not claiming benefits at all?

#MakeAChange

The LEMIS+ Project offers a free, confidential 1-1 mentoring service to build confidence and overcome barriers.

Participants will benefit from:

- ⊕ Setting goals and moving forward
- ⊕ Developing new skills
- ⊕ Managing stress and anxiety
- ⊕ Personal development and confidence building

For more information contact:
A LEMIS+ Mentor at the Ashton Centre on (028) 90742255

www.lemisplus.eu

The LEMIS+ Project is part funded through the Northern Ireland European Social Fund Programme 2014 - 2020 and the Department for the Economy.

Community Contact Details

174 Trust - 9074 7114
 Ashton Centre - 9074 2255
 Bridge of Hope - 9074 6737
 Bridges Sewing Group - 9074 2255
 Bunscoil Mhic Reachtain - 9032 2409
 Camberwell Fold - 9096 0552
 Cancer Lifeline 9035 1999
 Carlisle Day Centre - 9023 1227
 Carrick Hill Community Centre - 9023 1602
 Clanmill Housing Association - 9087 6000
 Friends of St Joseph's Church Sailortown - terryblfst@gmail.com
 Cumann Cultúrtha Mhic Reachtain - 90749 688
 Glenravel Local History Project - 9032 2289
 Holy Family Primary School - 9035 1023
 Holy Family Youth Centre - 9087 5150
 Indian Community Centre - 9024 9746
 KinderKids Day Care - 9074 2255
 McSweeney Centre - 9032 2289
 Newington Credit Union - 9035 1773
 Newington Housing Association - 90744055
 New Lodge Arts - 9074 2255
 New Lodge Housing Forum - 9074 2399
 New Lodge Safer Streets - 07564 938276
 New Lodge Youth Centre - 9075 1358
 North Belfast Family Centre - 9024 7580
 North Belfast Mens Shed - 90322289
 North Queen St. Community Centre - 9032 3945
 Smile SureStart - 9075 6654
 St. Patrick's Primary School - 028 9035 1206
 Star Neighbourhood Centre - 9074 0693
 TAMHI - 028 90 747437
 Tar Isteach - 90746665 / 90746664

Ready to start your hospitality adventure?

NOCN level 1 Hospitality course

Learn what transferrable skills you can gain and find out about opportunities in the industry

This course is the perfect starting point for industry recognised progression or advancement to our employer-endorsed Hospitality Employment Academy

Contact a LEMIS+ mentor for more info

Ashton Centre
 5 Churchill Street
 90742255

Belfast Works
 LEMIS+ Project

Led by Ashton Community Trust in partnership with East Belfast Mission, GEMS NI, Job Assist Centre Greater Shankill and Job Assist Centre West Belfast.
 The LEMIS+ Project is part funded through the Northern Ireland European Social Fund Programme 2014- 2020 and the Department for the Economy.

BRIDGES SEWING

Mon - Fri 1.00pm - 3.00pm
 Curtain Making, Formal Dresses, Alterations Etc.
Ashton Centre
5 Churchill Street
Belfast, BT15 2BP
Tel: 90742255

DISCLAIMER: Reasonable care is taken to ensure that the articles in the CEP Magazine are up-to-date and as accurate as possible, as of the time of publication, but no responsibility can be taken by Ashton Community Trust for any errors or omissions contained herein. Furthermore, responsibility for any losses, damages or distress resulting from adherence to any information made available through this magazine is not the responsibility of the Ashton Community Trust. The opinions expressed are those of the authors and do not necessarily reflect the views of the Ashton Community Trust.

Belfast Mayor Launches North Belfast Appreciative Inquiry



An Appreciative Inquiry (AI) is a model that seeks to engage stakeholders in self-determined change. It is a way of looking at organisational change which focuses on identifying and doing more of what is already working. It makes rapid strategic change possible by focusing on the core strengths of organisations and then using those strengths to reshape the future.

Mayor of Belfast Deirdre Hargey recently launched the North Belfast Appreciative Inquiry into Health and Wellbeing on behalf of Ashton Community Trust and partner Lighthouse.

The event on Tuesday 4th September represented the start of a collaborative solution focused process aimed at shining a light on significant health and life inequalities affecting North Belfast.

The Appreciative Inquiry into Health and Wellbeing in North Belfast was co-hosted by Ulster University and supported by Belfast Health & Social Care Trust, Public Health Agency and Belfast Healthy Cities. The partnership also linked up The Detail, an investigative news and analysis website dedicated to reporting on issues of vital public interest, as our media partner.

North Belfast's statistics on poor mental health, multiple deprivation, poverty, employment, anti-social behaviour, and education all show a clear need for intervention say the organisers.

Richard O'Rawe, Chairperson of Ashton Community Trust, said these layers of social and economic issues needed a new approach.

"We are keen to work with our community, health and academic partners because it is clear that change is required," Richard said. "The statistics show, in very stark terms, what difficulties we have in this part of Belfast. They aren't unique to North Belfast but they are a call to action for concerned leaders in this community who want to make health and life inequalities a key item on the agenda."

Jo Murphy, co-founder of Lighthouse, spoke of her North Belfast roots and pride. "I'm from North Belfast and proud to both live and work in it. I am well aware how complex it is with its interfaces and how it has been impacted by the conflict and



Irene Sherry (ACT), Paul Roberts (ACT), Belfast Mayor Deirdre Hargey, Barney McNeany (BH&SCT), Richard O'Rawe (ACT), Joan Devlin (BHC), Mary Black (PHA) and Jo Murphy (Lighthouse).

the range of health and well-being inequalities but the greatest gift about this area is the people who live in it. We need to go back to basics in building our communities and seeing that the people who live in them are our greatest asset in bringing about change."

Irene Sherry, Ashton's Head of Victims and Mental Health Services, said she hoped that by working in partnership with others, creative solutions could be found.

"There is no doubt that North Belfast has been disadvantaged and under-invested over the years but we can't keep on talking round and round in circles. I would love for people to feel energised about this appreciative inquiry process. Together we can create solutions that have the capacity to be sustainable, and really make a positive difference to people's lives."

UU Professor of Mental Health Sciences Siobhan O'Neill, was part of a team which examined the trans-generational impact of the Troubles on mental health in Northern Ireland for the Commission for Victims and Survivors.

"The number one issue affecting this area is deprivation and inequality. This is borne out by the high rates of mental illness and suicide here". Siobhan said. "My research has shown how the legacy of the Troubles and the hopelessness that accompanies the poverty trap has resulted in substance abuse, mental illness and suicidal behaviour. We are committed to working with those with lived experience to share what we have learnt and create meaningful impact. This appreciative inquiry gives us a unique opportunity to do this. My wish is that this inquiry will harness the energy and experience of all those involved, so that we can change how we work and develop projects to change the lives of the people we serve."

New Lodge | Woodvale | Shankill | Rathcoole | Ardoyne | Newtownabbey | Cliftonville

breakthrough Programme



164 Duncairn Gardens, Belfast, BT15 2FF
(028) 90 742 255
www.ashtoncentre.com
facebook.com/breakthroughbelfast
twitter.com/BreakthroughIV

It has been an exciting few months on Breakthrough as the programme was officially launched on the 23rd of August at a fun filled afternoon in Girdwood Community Hub. Guests were treated to amazing performances from participants showcasing their work across the programme which included speeches highlighting their journey so far and their hopes for the duration of the programme, an arts exhibition, an energetic live workout routine from the sports participants and a stunning song performance of Demi Lovato's Warrior by Olwyn Glover.

Nuala McCallum, Operations Manager for Breakthrough commented "The young people involved have really enjoyed the programme and benefited from childcare facilities, travel and incentive payments making a real difference to their lives."

Youth outreach mentors, our creative team and the young people worked hard to put on an amazing event which was enjoyed by all who attended.

Young people taking part have been enjoying the many benefits the programme has to offer from team building days at the Cavehill, workshops in music; arts; sports; and media, along with a fun-filled camping experience that challenged participants to step out of their comfort zones. Good relations workshops have also allowed participants to visit and learn about each others areas, visit other cities and museums and explore other cultures and traditions. Learning was further enhanced by a session facilitated by the South Belfast Friendship Club that allowed young people the opportunity to hear the stories and experiences of asylum seekers and refugees.

Participants are also beginning to explore citizenship activities within their local communities and have been involved in clean ups, volunteering at fun days and events, exploring the topic of homelessness, a coffee and bun morning at a local Fold and planting flowers in YEHA's local community garden. Our schools participants have also been very busy and successful in securing a Drop In room in Mercy College for all students.

Breakthrough participants on the community programme

attended the Young Voices event hosted by Youth Pact, the Quality and Impact Body for Peace IV projects, to share their experiences on the programme and give feedback on an ideal Peace4Youth Project to inform and shape future programmes. Participants shared how it has helped to grow their confidence and feel valued, improve family relationships and how the incentive payments, of up to £40 per week, has made a difference in their lives.

The Breakthrough Programme aims to provide young people with the opportunity to come together to explore and engage in a wide range of group work themed activities focusing on personal development, good relations and citizenship whilst also looking at key issues that affect young people like them. If you are a young person aged 14-24 years and would like to build your confidence, set goals and get involved in group work, team building, residential and much more we have spaces left. Get in touch with Nuala Mc Callum or Sean Breen on 02890 742255

Breakthrough is a European Union PEACE IV funded project and managed by the Special European Union Programmes Body (SEUPB). Led by Ashton Community Trust Breakthrough is delivered in partnership with New Life City Church, the YEHA Project, Street Beat, Newtownabbey Arts and Cultural Network (NACN), Loughview Community Action Partnership (LCAP) and New Lodge Arts.



Young participants at the launch of the Breakthrough Programme

www.facebook.com/breakthroughbelfast/

New Lodge Youth Centre

Diversionary and Intervention Residential 11th-13th July

A Summer Intervention residential for both 8-12 year olds and 13+, took place over the 11th/12th July to tackle antisocial behaviour rates in the area.

The intermediate group aged 8-12 years went to Ballycastle where they focused on workshops, participated in water sports activities, horse riding and much more.

The senior group aged 13+ went to Arduian House working with BAC. Over 2 days the young people focused on outdoor learning, participated in outdoor activities such as team building games, mountain biking, canoeing, rock climbing and a 7 mile hike.

Building Walls Breaking Walls International Youth Exchange 15th-23rd July (Cape Clear Island, West Cork).

Building Walls Breaking Walls is a youth exchange between young people from Ireland North and South, Palestine, Switzerland and Israel aged 18-24. Four participants took part representing each country. Over 9 days the participants physically demolished and rebuilt walls, broadened their horizons, challenged stereotypes, underwent personal development and participated in focused workshops and relationship building.

Conor Loughlin Participant from New Lodge Youth Centre

“Everything happened for me at the right time and in unexpected ways and you end up being thankful that you didn’t give up on yourself. The last 8 days were amazing with these great people from Palestine, Israel, Cork and Switzerland. Massive thanks to our leader Kerrleigh Bright who did a fantastic job keeping us all on the right path and just being an inspiration to all of us. I have to thank the New Lodge Youth Centre for having me involved. It was the toughest challenge I’ve faced physically and mentally but I came back a changed man and I know what I need to do. To Tori, Pierce and Thomas you were all amazing and you can use this experience to inspire others. Hopefully be on the next trip. Will miss you guys. It’s about being united and working together. United we are”.

The Young Men’s DJ Programme

Young men at the New Lodge Youth Centre engaged in a 3 month DJ programme which aimed to enhance their skill set and heighten self confidence and self esteem. The programme involved a large group of teenage boys and was facilitated by local DJ’s Paul Woods and Paddy Gormley. The group focused on the creation of their own one hour dance set. The use of music as an outlet was a great tool to encourage the young men to express themselves. Throughout the process the young men grew in confidence and come the end of the programme gained a big sense of achievement when they performed at the New Lodge Festival. This was a big challenge for the young men which



they overcame with flying colours as they delivered an hour long dance set for the community during the Festival. The young men loved the programme and expressed how they would like to develop this set of skills further.

www.facebook.com/newlodgeyc/

Update From New Lodge Arts

Arts Academy



The Arts Academy is back. There are still a few places on the following classes:

Mondays

- Tiny's Drama (P1 - P3) 3pm - 4pm New Lodge Youth Centre £2
- Junior Drama (P4 - P7) 4pm-5.30pm New Lodge Youth Centre £2
- Fancy Feet (Nursery - P4) 4.00pm - 5.00pm Macrory Hall £2
- Hip Hop (P5 - P7) 6pm - 7pm Girdwood Community Hub £2
- Hip Hop (1st - 6th Yr) 7pm - 8pm Girdwood Community Hub £2

Wednesdays

- Youth Theatre(1st - 6th Yr) 7pm - 9pm Girdwood Community Hub £3

Thursdays

- Ballet (Nursery - P1) 3pm-3.50pm The Recy £2
- Ballet (P2 - P5) 3.50pm - 4.50pm The Recy £2
- Tiny's Drama (P1 - P4) 6pm - 7pm Girdwood Hub £2
- Junior Drama (P5 - 2nd Yr) 7pm - 8.30pm Girdwood Community Hub £2

Contact New Lodge Arts for further information on 02890 742255 or karen.smyth@ashtoncentre.com

Like our Facebook page for further updates. **NEW CLASSES COMING SOON!**

Summer Projects

Summer Fun Day - 28 July 2018

The heavy rain didn't stop our young event team putting on



a fab family fun day at Belfast Waterworks. Even though it poured, local people still supported the event and enjoyed the magicians, stilt walkers, face painters and artists doing their thing. Well done to all those young people involved.

Junior Summer Camps – Island of Aslan and Alice – July 2018



Island of Aslan and Alice – July 2018 New Lodge Arts were delighted to work in partnership with C21 Theatre Company to deliver two stunning performances. The project ran from 20 July to 4 August 2018 with 32 budding young performers who took part in a range of dance, drama and singing workshops. Led by Aaron Cathcart and the C21 Team, the young people had a fantastic time working on this project. The final performances took place at the end of each week to audiences of over 60 people at Girdwood Community Hub.

Junior Academy: 6 - 10 August 2018



We were delighted to welcome Sarah Davies and Brona Jackson back for the sixth year to deliver our Junior Academy. This year, they created their own pirate themed musical. The young people loved getting to play new characters, learn new songs and dance moves. The production looked amazing too, thanks to our youth volunteers who built sets, made costumes and helped with stage make up.

New Lodge Arts – Festival of Fun 8 August St Patrick's Primary School

Thanks to diversionary activity funding from Belfast City Council we hosted 6 additional activities for the people of Greater New Lodge. One of the main events was the Festival of Fun day. Dinosaurs, magicians, entertainers, super heroes and much, much more descended on the New Lodge. Everyone had a wonderful time and said they can't wait until next year. Bring it on.

Summer Arts Academy – Legally Blonde Jr 24 - 25 August at Crumlin Road Gaol

For this year’s Summer Arts Academy, we were delighted to stage a production of the hit musical – Legally Blonde Jr led by Sean Mullan (Artistic Director), Sarah Davies (Musical Director) and Rochelle McParland (Choreographer).



32 young people from across North Belfast participated in the programme. Over 10 days, the young people were immersed in a busy schedule of singing, acting and dancing in preparation for the Friday and Saturday night showcases at Crumlin Road Gaol.

Over 250 people attended the performances which showcased the talent of the young people who really excelled this year and put on a fantastic show.

Culture Night

The Event Management Team are busy preparing for their annual Culture Night offering on 21st September in Belfast city centre. Each year our activities have been a highlight of Culture Night and this year as the theme is ‘Love’, our talented, young people have designed and fabricated a ‘Kissing Booth’ for attendees to record their romantic stories and share on Snapchat. Congratulations to our Event Management Team, Joanne Smyth and Orla Hawkins for all their efforts.

Lantern Festival – Save the dates!

This year’s Lantern Festival will take place on the 29th & 30th October in Alexandra Park.

A programme of music, amusements, entertainment and fireworks will be on offer at various times in Alexandra Park. Our wonderful lantern procession will leave from Girdwood Hub on 30th October at 6.30pm and lead back to Alexandra Park where a programme of free entertainment and live music will delight all ages.

Entrance wristbands can be purchased in advance from Ashton Centre priced at £2 per person. Watch this space!

**New Lodge Arts:
A Young Person’s Success Story....**

Reminiscing over the past 4 years has truly brought a smile to my face. The memories that were made with the best bunch of young people and leaders are unforgettable. Starting in 2014 I remember walking through the doors for my first audition with New Lodge Arts full of different emotions, I was scared and excited yet so shy and nervous to even speak. That didn’t last long, after being given the opportunity to perform on The Mac theatre stage, casted as the wicked witch from the Wizard of Oz, I became a completely different person that oozed in confidence and self-belief. New Lodge Arts gave me the opportunity to do what I loved. One show turned into another and I had my fair share of crazy roles e.g. a donkey, male characters and many more. However they always said they loved to give me a challenge and develop my skills. The shows would be my favourite experience and time spent with New Lodge Arts but nothing can compare to the insane nights we had on residentials preparing for our summer showcases. I built so many relationships with different people each year from my Youth Theatre drama class to the Youth Advisory Group and Event Management Team to name just a few. New Lodge Arts gave me so many opportunities and new experiences that

added to my portfolio for university. I am about to embark on my next new adventure studying Primary Education In Liverpool John Moore’s in Sept 2018. I’m so thankful for everything New Lodge Arts have taught me growing up they have definitely helped shape me into the person I am today.
Mena Singh, 18years old



Mena Singh

Training & Employment Open Day A Great Success

Ashtons Training and Employment Department ran a training open day on Monday the 20th of August in the McSweeney Centre. This was a huge success and a great opportunity for attendees to speak directly to tutors regarding courses and what was on offer. A new term commences in September in the areas of Childcare, Health & Social Care, Hospitality, ICT, Business, Construction, Warehousing, Customer Service and many more. If you would like to find out more about what we have to offer, please call now on: 02890 742 255



LEMIS+ Training Courses Available

Belfast Works
LEMIS+ Project

TRAINING



We have the following training available

- Childcare Level 1
- Childcare Level 2
- Health and Social Care Level 1
- Health and Social Care Level 2
- Introduction to Hospitality Industry Level 1
- Basic Computers (Unaccredited)
- Personal Development
- Spreadsheets Software Level 1
- ECDL Essentials Level 1
- Wordprocessing Level 1
- Domestic Academy
- Construction Academy
- Warehousing Academy
- Hospitality Academy
- Retail Academy
- Food Production Academy
- Waste Management Academy
- Customer Services Academy
- World Host

If you would be interested in any of these training courses, get in touch with one of our Mentors on 90742255



Lower North Belfast Family Support Hub

It has now been three years since Ashton Community Trust was awarded the lead for the Lower North Belfast Family Support Hub.

The Family Support Hub provides early intervention services to families and young people requiring support. The Hub brings together organisations that deliver services to children/young people (0-18 years) and their parents/carers and this includes community, statutory and voluntary family support services.

Since August 24th 2015, Ashton Community Trust has been co-ordinating and receiving referrals and working to connect families to the services they need at a time when they need them. The wards covered by the Hub are New Lodge, Duncairn, Fortwilliam, Castlevew, Waterworks (part of), Chichester Park (part of) and Bellevue. Since the establishment of the Hub we have worked with our partner service providers to deliver support to almost 600 families and hope with continued funding until March 2019 to offer support to many more families.



Christine McKeown and Edith McManus

The Lower North Belfast Family Support Hub can help your family at many difficult times whether it is dealing with the challenging behaviour of children, stress/depression, alcohol/drug misuse, debt or social isolation.

Any adult family member can refer themselves to the Hub simply by completion of a referral form or you may give your consent for another organisation with whom you are involved such as your child's school, your doctor or health visitor or a local community group to make a referral on your behalf. The Co-ordinator of the Hub will then contact you in order to help match appropriate services to your family's needs. At all times your details will be kept confidential until you agree that you would like to avail of a particular service whether it is youth support, advice and guidance or services that offer emotional and well-being support. Your information will only be shared with the organisations who you feel will be of help to your family.

There is now no need for families to struggle through life's difficulties because the Lower North Belfast Family Support Hub is here to help through these times and work in partnership with families to improve outcomes for all the people who live in Lower North Belfast.

Should you have any queries about the Hub or should you wish to refer your family to the Hub please contact Edith McManus, the Lower North Belfast Family Support Hub Co-ordinator at the Ashton Centre 02890 749986.

Community Family Support Programme

Ashton Community Trust delivers the Community Family Support Programme in North Belfast as part of a city wide consortium. The programme is under the Family and Childcare department and I have recently been appointed as the Senior Mentor for the programme. It is a privilege to be working in the community that I have lived in all my life and I aim to improve outcomes for families in the area with the support of the team.

My name is Kris Morrison and my career spans over 15 years of working in the voluntary and statutory sectors with young people at risk of offending, early intervention and family support. I hope that the skills, knowledge and relationships I have acquired during this time will enhance the services delivered to the people across North Belfast.

If you require any further information about the Community Family Support Programme you can contact me at kris.morrison@ashtoncentre.com



Senior Mentor Kris Morrison

Why don't you follow Ashton On Twitter
 twitter.com/ashtoncommtrust

North Belfast Men's Shed New Premises Launch

At the beginning of August 2018 North Belfast Men's Shed officially marked the opening of their new premises at Edenderry Industrial Estate on the Crumlin Road with May Blood coming along to offer her support. In December 2016 the Shed received four years funding from the Big Lottery's "People and Communities" project which has helped finance the move to the new premises.

Speaking at the launch event Joe McCusker, the project Chairperson said, "North Belfast Men's Shed is going from strength to strength. Since moving from our former premises on Duncairn Gardens our members have been volunteering their time to help out other community projects throughout the local area. Over the past few months we have made buddy benches, bird boxes and garden planters for local schools. We were asked by the Indian Community Centre to make herb boxes and in exchange some of their members taught the men how to cook traditional Indian food. Our members come along to share their skills with each other attend classes and organise social outings. Now that we have extra space we were able to accept a donation of a pool table from Jacqueline and Michael Lawlor from Ligoniel. Playing pool has become really popular among the guys and we are even organising a pool tournament with other Men's Shed projects."

Jim Brown officially cut the ribbon at the event and provided the entertainment on the day as 'Elvis The King Presley'.

North Belfast Men's Shed is a cross community project and anyone over the age of 18 years is invited to join. It's managed by the Ashton Community Trust and is run by its members for its members. If you would like more information please contact Martina at martina.donnelly@ashtoncentre.com or telephone 028 90322289



Geraldine Nelson, Joe McCusker and May Blood

Ashton CORE Training

Are you 16-24?
Living in North Belfast?

Not in employment, education or training?

The CORE Project offers FREE support into training and employment where you will be allocated a mentor and supported every step of the way to get you where you want to be.

- CORE Training:
- Digital Fabrication
- Graphic Design
- Food Hygiene
- I.T. and Social Media
- Customer Service
- Catering and Hospitality
- CV and Application Writing
- Interview Skills
- Health and Safety
- Teamwork

SWEET Programme (Support with Education and Employment Training)

For further information contact the CORE Team on 028 9560 9522 or email core@ashtoncentre.com
www.facebook.com/AshtonCoreProject/



Ashton Community Trust
Employment & Training Services

Calling all Residents!

Do you have the Essential Skills for everyday life and work?

English + Maths + ICT = Essential Skills

New English and Maths courses are starting in **September** in your area. Computers (ICT) are used in English and Maths classes, so you can improve your computer skills too!

Courses are **LOCAL + FREE** + lead to a recognised **QUALIFICATION**

Make 2018 the year to start your Essential Skills journey!

If you would like to find out more:

- + phone: Hilary on 028 9074 2255
- + email: hilary.adair@ashtoncentre.com
- + call in person at the Ashton Centre







Department for
Communities
www.communities-ni.gov.uk

Sailortown Festival Success

Sailortown had its first community celebration in recent years as part of the 2018 Greater New Lodge Community Festival.

Series of Events

Sailortown Regeneration, Household and Harbour View worked together on a weekend of events in Barrow Square and St. Joseph's Church. On Friday there was a guided walking trail when musicians played in various venues including the new Marriott hotel, Sinclair Seamans Church, the Dockers and the American and McKenna's Bars. There were blues buskers in the Square and a choir sang in St Joseph's for the first time in over 20 years.

Sunday Market

We built our own stalls for a Sunday market ably assisted by local children who sold tattoos, games and buns. There were bee hives, performers from the Basque Land, booksellers and African music and the centrepiece was a barn built in Barrow Square where regeneration talks and Harbourview children's films were shown. Other events were 'Build Your Own Cardboard City', face painting, Sailortown recipe collecting and it all culminated in a Little Italy event in St. Joe's.

Onwards and Upwards for Sailortown!

Next year we plan to run it again on a bigger scale and welcome all suggestions and/or volunteers. Onwards and upwards for Sailortown! We're on Facebook at Friends of St Joseph's Church Sailortown or email stjoesailortown@gmail.com

Little Italy Event

As part of the Sailortown Festival the area known as 'Little Italy' or the 'Half Bap' was celebrated in style at the now reopened St Joseph's Church. Those who attended enjoyed an illustrated talk and photographic exhibition, Italian music including an opera rendition and Italian delicacies. Around 150 people enjoyed the afternoon.

As well as creating the space for members of the Italian community to come together to share their stories, the event also gave local people the opportunity to learn a bit more about the positive contribution the Italians have made to the city of Belfast and beyond.

Watch out for more events to be held in St Joseph's Church in the weeks and months ahead.



Ashton's CORE Project Summer SWEET Programme

July saw the return of Ashton's CORE Project's SWEET Programme (Support With Education, Employment and Training) and led to fourteen young people achieving certificates in Food Hygiene, Graphic Design, Digital Fabrication and Employability Skills.

Over the course of three weeks, young people took part in a range of practical activities, classroom based learning and enjoyed participating in transferable skills sessions ranging from outdoor pursuits to practical life skills that will support them in their future endeavours.

Young people benefited from a motivational talk from former Olympic boxer James McGivern who presented the young people with their certificates on completion of the course.

If you would like to be involved in one of our programmes, please contact kerry.harding@ashtoncentre.com or call 02895609522 for more information.



Young people achieving certificates

Greater New Lodge Community Festival

The Greater New Lodge Community Festival Committee takes this opportunity to congratulate all the various youth and community workers, volunteers, residents, elected representatives and funding agencies that helped make the 2018 programme such a great success.

Great Turn Out for Festival of Fun

Wednesday the 8th of August was particularly eventful with over 1,300 people participating during the course of the day in our Festival of Fun and Music Bandstand event. Hundreds of local young people also availed of free tickets and transport for the massively anticipated Planet Love concert in Falls Park.

St. Patrick's School

A special word of thanks to St. Patricks Primary School for the use of their school grounds this year which provided the perfect setting for a wonderful day of community celebration.

Quotes from Local Residents about the Festival

"The festival of fun event in St. Patricks School was amazing, my kids loved it and so did I"

"Absolutely fantastic, totally family orientated, best year yet"

"I would just like to say that the music and dance performance from those Palestinian children (Lajee Group Bethlehem) was brilliant, a real stand out event and a very moving experience. A big thank you to New Lodge Festival for bringing them here".

"I am here with my kids at the Tar Isteach Funday in North Queen Street Park. Free sweets, juice, burgers, music, fun and games. We even got our photo taken with Batman and Wonder Woman. The Festival is better than bonfires any day"

"I never go to the theatre but the 'Man in the Moon' play was unbelievable. Hope it comes back here again so I can take the rest of my family".

"I really look forward each year to the Eamon Phoenix Lecture in the Duncairn it is a quality fixture of the festival. Eamon's expert

historical insights are absolutely amazing and so easy to listen to and understand".

Community Pride

Paul Roberts Chief Executive Ashton Community Trust said, "I would like to congratulate everyone involved in making the Greater New Lodge Festival such a fantastic success. Festivals remain an important feature in maintaining community pride and morale and it is really important that they are enthusiastically supported and resourced".

JJ Magee local Sinn Fein Councillor, "The festival is really important for helping people get together and celebrate. It helps strengthen local connections and relationships and promotes everything that is positive and good within the community. Well done to everyone involved".

Paul O' Neill Chairperson Greater New Lodge Community Festival, "Each year we try really hard to make the festival as appealing and accessible to as many as possible. We are really thrilled at the numbers of people participating and obviously enjoying the programme this year. Around 5,000 people in total attended the various events on offer, so all of the hard work has been well worth it".



Just Some Of The Pictures From This Years Festival



Local Young People Loved Planet Love

Planet Love 2018 was probably the most talked about and anticipated music event in Belfast this year! Thanks to Féile an Phobail hundreds of local young people from our community were able to take part and enjoy an amazing event of global headliner DJs. Feedback from many local young people was that the event was truly unbelievable and that it was a night to remember. It is fair to say that the overwhelming desire amongst young people is that the event should happen again next year as part of the wider Festival activities.

After years of generally unpopular and destructive bonfires which resulted in serious hardship and difficulty for the New Lodge and indeed for other communities across Belfast, the 8th of August this year was generally bonfire and trouble free. Instead of scenes of destruction, anti-social behaviour and trouble on our streets we saw 10,000 young people flocking to the Falls Park to enjoy a fantastic time at the legendary Planet Love Dance Festival.

It was all Tu-Tu's, wellie boots and glow sticks and the general excitement in the area in the lead up to the Planet Love event was truly electric.

Thanks are in order to Féile an Phobail, Belfast City Council, local youth organisations and the Greater New Lodge Festival Committee for making this such a huge success.



174 Older Peoples Club 174 Trust



**Dance – Bingo – Singsong
Every Saturday Night
8.00pm – 12.00
Bring Your Own**

help is at hand...
CANCERlifeline

**WE ARE ON
THE MOVE!!**

From October 2018 we will move to our temporary premises.
**30A Deanby Gardens
Oldpark Road
BT14 6NN**

- Our telephone number will remain the same.
- Tel: 028 9035 1999
- Please note, we plan to host our **Annual General Meeting / Coffee Morning** at our temporary premises on Thursday 11th October 12.30pm – 1.30pm (This will allow you to see around our temporary premises and to view the plans for the new building).

End In Sight For Seven Towers?

Seven Towers

More news on the future of the tower blocks! As we informed you they have been categorised as short, medium and long term in respect of their life span. Oisín House has been designated short term, which is within five years, Finn and Fianna are medium, within ten years and the other four long term.

Drop In Clinic

Housing Executive (H.E.) held a drop in clinic in North Queen Street Community Centre (Recy) on Friday 14th September for residents to call in and ask any relevant questions.

Big Changes

Big changes will be happening in the medium and long term blocks in coming years. In the meantime the Seven Towers Residents Group will continue to work on improving the present conditions of the blocks in relation to concierge cover and anti-social behaviour.

Long Streets

The campaign for the Long Streets continues with the committee again meeting the legal team along with our M.L.A. Carál Ni Chuilín and preparing to go to court. The timing for the handover has been delayed which may work in our favour, the first eight houses in Lepper Street will go ahead at the end of the month but the main bulk will not be ready until next year giving us time to mount the legal challenge. The survey that was conducted by V.B. Evans exposed the condition of the properties and we believe the findings will go a long way to convincing the Department of Communities to declare it an Urban Renewal Area.

Flats at the Recy

In other news the flats at the Recy are being emptied to facilitate a complete refurbishment, most residents will be accommodated in Oisín House and on their return to their own homes, the flats will be steeled up to allow for the new tower block strategy.

Pinkerton Flats

The flats at New Lodge / Pinkerton formerly known as 'the pensioners' have been the subject of unwanted attention in the past few months, due to anti-social behaviour and problem tenants. This area along with the Seven Hills area is regarded as the most run down in the New Lodge. The placing of communal bins in the front of the flats has inadvertently worsened the situation by encouraging fly tipping. The Housing Forum along with Safer Streets and the H.E. are trying to tackle the problem by moving the bins and seeking to improve conditions, the area has been designated a hot spot by police in an attempt to discourage young people from gathering in the area and causing problems.

Housing Office

The Housing Office has seen a dramatic increase in footfall since its refurbishment which is to be welcomed and we would encourage people to call in to discuss the contents of this article or anything else on their minds. We can be found at 23 New Lodge Road or on the phone at 028 90 742399.

Liam Wiggins, Chair, New Lodge Housing Forum.

Autumn Winter Training Schedule Sept-November 2018

Bridge of Hope VSS funded 1 day workshops held in Mc Sweeney Centre 25-31 Henry Place Belfast BT15 2AY

- Strengths Weaknesses Ambitions Needs (SWAN) – Saturday 20 October
- Confidence & Communication 10 November
- Empower Me Saturday 24 November
- Reducing Stress for Women 6 week course starting Thursday 4 October in the evenings (Women Only)

Get in touch with Training Coordinator Mary Stanton on 028 90322289 for further details and to register interest. Or email mary@ashtoncentre.com





Now & Then By Joe Baker

Looking up the New Lodge Road from North Queen Street on the morning of internment in August 1971. The New Lodge area was the first to be struck when, at 4am, hundreds of troops stormed out of the nearby Girdwood Barracks and arrested dozens of people they suspected of being Republicans and interned them at the old Long Kesh Airfield.



NEW LODGE THEN & NOW EXHIBITION

North Queen Street Community Centre (The Recy)

Thursday 21st February - Sunday 24th February 2019

3pm - 9pm

Admission Free

Ashton Community Trust Community Bursary Awards 2018

This is the 9th year of the Annual Ashton Bursary Awards. The purpose of the bursaries is to provide assistance to other community based projects in the Greater New Lodge area especially in cases where financial resources for a group are scarce and where they rely mainly on volunteers. So far over 100 individual bursaries have been granted to local projects involved in activities such as sport, art, music, health, housing, culture, history, remembrance, safety and wellbeing. In providing financial support Ashton Community Trust is recognising the tremendous voluntary commitment of the people that run these various local groups and the important work that they do.

To be eligible for the bursary, groups must meet the following criteria;

- Is inclusive and non-party political
- Is working in the Greater New Lodge area
- Is meeting local needs and providing local services
- Has modest resources and would find it difficult in accessing mainstream funding

If you have received a grant in the past you must provide some detail about how this was used for the benefit of the local community.

Maximum grant available is £500
Total grant fund available is £5,000



Bursary awardees

For a Bursary application form contact Louise Curley at the Ashton Centre 5 Churchill Street. BT15 2BP Phone 90 742255
Application Closing Date Friday 9th November 2018.

TAMHI Colour Run Event

TAMHI's Young Leaders with support from Belfast City Council - through NI Executive team delivered a very successful Colour Run event in Girdwood Community Hub. The run was organised in memory of all those lost to suicide and in support of those currently affected by poor mental health. Over 150 people participated in this special event with 18 volunteers helping out cheered on by a crowd of lively spectators.

TAMHI stands for Tackling Awareness of Mental Health Issues. It is a charity that works with sports clubs, schools, youth and community groups. It focuses on raising capacity at grass-root community level to deal with mental health issues using methods such as workshops, training, sports activities and games. TAMHI is managed by New Lodge man Joe Donnelly and is based at 6 Kinnaird Street, Belfast BT14 6BE, phone 028 90 747437.



PROMOTING POSITIVE MENTAL HEALTH IN LOCAL SCHOOLS

TAMHI is delighted to launch their 'Schools in the Community' programme this month which promotes youth leadership and peer-led mental health and resilience in local schools in Upper North Belfast. This project is focussed on tackling bullying, resilience and exclusion while encouraging positive mental health. We'll be working with a range of Yr12 - Yr14 pupils training them to deliver a wellbeing programme within their own school and then a transition programme to P7s in local primary schools. Visit TAMHI's Facebook page for more information and updates: www.facebook.com/TAMHI.FC This project was made possible through the Central Good Relations Programme funded by the Northern Ireland Executive Office.



AshtonFabLab

FabLab is a project of Ashton Community Trust.

What is a FabLab

FabLabs are digital fabrication laboratories set up to inspire people and entrepreneurs to turn their ideas into new products and prototypes by giving them access to a range of advanced digital manufacturing technology.

The idea was conceived by renowned inventor and scientist Professor Neil Gershenfeld at the prestigious Massachusetts Institute of Technology (MIT). His idea was a simple one: to provide the environment, skills, advanced materials and technology to make things cheaply and quickly anywhere in the world, and to make this available on a local basis to entrepreneurs, students, artists, small businesses and in fact, anyone who wants to create something new or bespoke. FabLab is a global network of local labs, enabling invention by providing access for individuals to tools for digital fabrication.

Access

You can use the FabLab to make almost anything (that doesn't hurt anyone); you must learn to do it yourself, and you must share use of the lab with others.

Education

Training in the FabLab is based on doing projects and learning from your peers; you're expected to contribute to documentation and instruction.

Ashton FabLab

It is a very busy time in FabLab at the minute with lots of new programmes starting. After a bit of a break we will be starting up our evening master classes in all aspects of digital fabrication. Led by the skilled team in FabLab you can get the opportunity to learn every things from 2D design and laser cutting to advanced 3D design and printing. If this sounds like something you are interested get in touch with FabLab to get your place booked.

Agency Project

Our Agency Project is starting on Wednesday 19th September. The Agency is a social change programme that looks for young people to improve the lives of their local community by winning a £2000 bursary to design and run their project. This may sound vague but that is the beauty of the Agency. Led by Matt Farris and Fionnula Stanton, the Agents will go through an intensive programme of training from community development to finance management and everything in between. Keep up to date our website and social media channels to see this excellent work take shape.

Dublin Maker

In July FabLab Belfast, travelled to Dublin to take part in the Dublin Maker Faire. This a huge event that takes place every year with exhibitors coming from all over Ireland to take part and show off their work. As always the FabLab stall was very popular and on the day over 300 people got the opportunity to have a go at making something using our digital fabrication equipment. A long day but very worthwhile and a great way to show how digital fabrication is changing the world around us.



Artsekta

FabLab Belfast was approached by Artsekta to design and build an Indian themed structure for The Mela Festival in Botanic Gardens. Being no strangers to taking on big builds we were very excited to take part in this. Over a period of 3 weeks FabLab designed and built a large "Indian Style Temple" that was used to display the art pieces at workshops. This was a very enjoyable piece of work for everyone concerned and we look forward to doing more with Artsekta in the very near future.

Tech Connects

We are excited to announce our 'Tech Connects Programme'. This PEACE IV programme will run for four years and will engage age groups from 6 - 24 years of age in a diverse range of Technology based projects to promote good relations across the entire city of Belfast. If you or someone you know might be interested in this get in touch with Paddy @ FabLab or phone 02890 755412

CORE Project

We have also been continuing on with our work under the CORE project. As always the participants have a great time learning in the creative environment of FabLab and to cap it all off everyone leaves with two nationally accredit awards in Digital Fabrication and Graphic Design Skills. If you are 16-24 and living in the greater North Belfast area get in touch with Ashton Community Trust to find out how you can be on the next course.



www.facebook.com/FabLabBelfast/

Drug and Alcohol Services for North Belfast

When alcohol or drug use becomes a problem in a person's life it can be hard to know where to turn, but don't panic, help is close at hand. This card provides details of sources of support available locally.

Help for Young People

What you need	Who can help	Age	Contact
<i>I want advice or help with my drinking or drug use to cut down, stop or stay stopped.</i>	DAISY Service (Start360/ASCERT)	11-25	028 9043 5815
	Extern Reach Out Project	<18	07442 533165
	Falls Community Council	<18	028 9020 2030

Help for Adults

What you need	Who can help	Age	Contact
<i>I want advice or help with my drinking or drug use to cut down, stop or stay stopped.</i>	Treatment and Support		
	Addiction NI	18+	028 9066 4434
	ASCERT	18+	0800 2545 123
	BHSCT Addiction Services	18+	Ask your GP to refer you
	Dunlewey Addiction Services	18+	028 9039 2547
<i>I am not ready to stop. I am an injecting drug user or a chronic drinker and at risk of losing my home.</i>	Falls Community Council	18+	028 9020 2030
	Harm Reduction Services		
<i>I have stopped taking alcohol or drugs and need support to help keep it that way.</i>	Drug Outreach Team (Injecting drug users)	18+	028 9504 1433 or 028 9504 7301
	Extern Alcohol Housing Support Service	18+	028 9033 0433
<i>I have stopped taking alcohol or drugs and need support to help keep it that way.</i>	Recovery Groups		
	Alcoholics Anonymous	18+	028 9043 4848 www.alcoholicsanonymous.ie
	Narcotics Anonymous	18+	07810 172991 www.na-ireland.org/

Help for Families

What you need	Who can help	Age	Contact
<i>If someone you care about is drinking or using drugs you can get advice and support too.</i>	Addiction NI	18+	028 9066 4434
	Al-Anon and Al-Ateen Support Groups	12+	028 9068 2368
	DAISY Service (Start360/ASCERT)	Any	028 9043 5815
	Falls Community Council	Any	028 9020 2030
	Families Affected by Addiction Support Group	18+	07803 526709
<i>Whether it is your parent, child, partner or someone else these services can help you better cope with the situation.</i>	Reaching Out Family Support Group	18+	07729 184612
	Steps to Cope (where a parent is drinking/using drugs)	11-18	0800 2545 123 www.stepstocope.co.uk
<i>The person who is using alcohol or drugs does not even have to be getting help themselves.</i>			

If it is an emergency or you need urgent support or advice you can contact:

Your GP
Out of hours GP service 028 9074 4447
Call 999 for the emergency services or present in person at your local Hospital Emergency Department (ED)
Lifeline on 0808 808 8000 (24/7 free)
Childline on 0800 1111 (24/7 free)

Some advice for anyone taking alcohol or drugs to keep them safer.

Only use one substance at a time. Mixing different drugs, including alcohol, increases the risk of overdose.

The strength of a drug can differ each time. Only take a small amount and wait to see its effect before taking any more.

Never use when alone and always look out for your mates. If someone has an unexpected reaction call 999 for an ambulance straight away.

Details of all drug and alcohol services in NI are available at www.drugsandalcoholni.info or by contacting the Belfast Drug and Alcohol Coordination Team Connections Service at connections@bdact.info. This card has been produced by the North Belfast Drug and Alcohol Stakeholder Forum and the Belfast Drug and Alcohol Coordination Team.

Safer Streets Committee Works To Make Our Area Better

Anti-social behaviour is a scourge on our community. ASB covers lots of different types of behaviour – threats, causing physical harm to someone, public nuisance, vandalism, under-age drinking and various types of criminal activity – drug dealing being the worst plague in our area.

But ASB can also include: noise, graffiti, dumping rubbish on the streets, out of control pets, crowds or groups of drinkers shouting abuse at residents, groups intimidating or abusing residents and business owners. All of these are examples of anti-social behaviour. It doesn't always mean physical harm to a person but it can mean making their life a misery. We don't want anyone to have to live this way.

Safer Streets have a good understanding of community issues and are committed to working to reduce and resolve problems in this area to make it a nicer and happier place to live. So it is absolutely vital that residents report incidents. It means we can tackle problems directly or we can gather evidence to enable other agencies to take action.



Over the last few months we have successfully dealt with a number of ASB related issues and as a result a number of parents and other residents have been visited by the appropriate statutory body and the issues have been / are currently being dealt with. This highlights how important it is to report issues to Safer Streets.

If you don't tell us – we can't help!

You can contact Safer Streets on 0756 493 8276 – see our advert below for further information.

Alternatively you can call into Cllr JJ Magee's Constituency Clinic between 12-2pm on Thursdays in the New Lodge Youth Centre (Lepper Street).

Noise Don't suffer it

Noise hotline: 9037 3006
www.belfastcity.gov.uk/noise

Belfast City Council

Noise Don't suffer it!
Call our noise hotline on: 9037 3006
www.belfastcity.gov.uk/noise

Noisy neighbours, Alarms, Noise from pubs and clubs, Construction noise, Barking dogs

We can offer advice and may call with both you and the noise maker to try and sort out the problem. We will make every effort to resolve the problem informally but sometimes we may need to take legal action.

We have powers to deal with noise problems. Please contact us as soon as the problem starts.

Monday to Thursday 8.30am to 5pm
Friday 8.30am to 4.30pm
Monday to Sunday 8pm to 4am

Belfast City Council

Greater New Lodge Safer Streets Committee

If you are the victim or the witness of crime, drug dealing or anti social behaviour you can contact the number below. If no one is there to answer always leave a message on the voice mail.

Remember If You Don't Report Then We Can't Help You. Do Not Suffer In Silence

Greater New Lodge Safer Streets Committee
0756 493 8276

Another community number you can ring is, Community Restorative Justice Ireland (CRJI) - 028 90 753043

If possible provide the following details;

- Your name and contact number (If you feel comfortable doing so)
- The nature and location of the offence
- The date and time of the offence
- The name/details of the offender (If known)



T.D.K. Community Group

Thorndale, Duncairn and Kinnaird (TDK) Community Group works hard to support local residents living in the area and create a safe, peaceful and inclusive community for all.

More Than a Community Group!

At TDK we are lucky to be led by very active and caring volunteers who will help the local community in any way they can. If you need support we will try and meet your needs or at the very least point you in the right direction to get the help you deserve.

Recently we took the time to help a local resident who was keen to return to work after 16 years raising a family. Through our relationships with local training agencies and a new local employer we were able to help our neighbour return to work in a job that supports them financially and personally. If you need help – we will help in any way we can as we are more than just a community group – we are your neighbours too.

AGM

We at TDK Community Group have had a very busy year and delivered a series of positive and successful projects and activities over the last 12 months and we showcased our efforts at a well attended AGM Meeting last month. We celebrated a successful, and peaceful, summer programme, fun days, trips to Portrush, community clean ups, cooking workshops, garden basket workshop and much, much more. We've been promoting support services to meet local needs and even did an amazing fundraising day for a local family – the generosity of our community is wonderful to see!

We are proud to support our area and will keep working to support our local community.



TDK Annual General Meeting

Have you thought about an Apprenticeship In Health & Social Care Level 2

Do you live in Belfast?

Ashton Community Trust will be delivering a Level 2 Apprenticeship in Health and Social Care from September 2018 in partnership with People 1st.



Entry Requirements;

- be under 25 years old
- if you do not have your GCSE grades C or above in English and Maths, you will be required to undertake Essential Skills in Literacy & Numeracy at Level 1
- complete an Access NI check
- be employed in a registered adult Health & Social Care organisation

If you feel this is the career for you, please contact Joanne on 02890 742255 or email joanne.clarke@ashtoncentre.com

We look forward to hearing from you soon!!!



This project is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for the Economy.

Have you thought about an Apprenticeship In Childcare?

Do you live in Belfast?

Ashton Community Trust will be delivering a Level 2 Apprenticeship in Children's Care, Learning and Development from September 2018 in partnership with People 1st



The successful candidate will;

- be under 25 years old
- have Grade C in English and Maths, OR relevant Level 2 Essential Skills qualifications, OR be willing to gain these Essential Skills
- live in Belfast
- be committed to a career in childcare and completing an Apprenticeship
- be willing to have an Access NI check
- be employed in a new role, OR have a written offer of a new role, in a Child Care Setting

If you feel this is the career for you, please contact Joanne on 02890 742255 or email joanne.clarke@ashtoncentre.com

We look forward to hearing from you soon!!!



This project is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for the Economy.

Kinderkids Day Care Opens New Nursery: Investing In Children And Families In The Community

Ashton Community Trust provides childcare through its social enterprise Kinderkids Daycare operating at 4 locations between Ashton Centre, Cliftonville Road and the new extended facility and 4th nursery opened in the McSweeney Centre, Henry Place.



Kinderkids newest facility can deliver childcare for over 90 children daily supporting parents and families with their childcare needs. Currently Kinderkids caters for almost 300 children across its 4 sites.

Kinderkids operates between the hours of 8am to 6pm and offers a range of childcare options to suit the needs of families, from care for one days to a full weeks care can be delivered at competitive prices, making childcare affordable and accessible to working families. Kinderkids also works closely with education and training providers, providing childcare for many parents who have chosen to remain in education and training or to return to it after a break to begin a family.

Kinderkids delivers a high quality care and play experience to all the children using the service, which is based around the Early Years Foundation Stage (EYFS). The EYFS is delivered across all rooms within the 4 Kinderkids Daycares to ensure we are preparing a solid foundation of learning and development for all the children's learning journey into Nursery and Primary School. Kinderkids firmly believe that a high quality play experience in the Early Years will encourage and foster a holistic approach to each individual child's overall development.

The main focus of Kinderkids Daycare is to provide high quality childcare for all children using our services, if you would like to find out more information please contact;

Fionnuala Black at Ashton Centre (028) 9074 2255 fionnuala@ashtoncentre.com
Christine McKeown Christine.mckeown@ashtoncentre.com (028) 90742255



Play & Early Learning

Kinderkids understands that play is paramount to a child, has a purpose and is a step towards the learning and understanding of valuable skills.

At Kinderkids Daycare we implement the Early Years Foundation Stage (EYFS) for children aged 0 to 5. The EYFS ensures that children are supported in their learning and development. The EYFS comprises of four main themes;

- **A Unique Child**
- **Positive Relationships**
- **Enabling Environments**
- **Learning & Development**

For more information, contact us at:

Kinderkids Ashton Centre - Manager: Fionnuala Black
Telephone: 028 90742255 Email: fionnuala.black@ashtoncentre.com

Kinderkids Cliftonville - Manager: Charlene Foster
Telephone: 028 90 749146 Email: charlene.foster@ashtoncentre.com

Kinderkids 1 McSweeney Centre - Manager: Andrea Sammut
Telephone: 028 90 333966 Email: andrea.sammut@ashtoncentre.com

Kinderkids 2 McSweeney Centre - Manager: Sharon Rooney
Telephone: 028 90 32289 Email: sharon.rooney@ashtoncentre.com

Or call into any of our 4 Daycares



Kinderkids Daycare: High Quality Childcare, Local & Professional

Kinderkids Daycare is a department of Ashton Community Trust that was established in 2000 as a social enterprise. Since then, Kinderkids has expanded in response to local need and now operates four childcare centres in North Belfast from Carlisle Circus to the Cliftonville Road. This long history of providing high quality childcare services means we understand that choosing the right childcare for your child is one of the most important decisions you will ever make. Kinderkids wants to support you in making this decision and invite you to visit us at any of our childcare centres.



The aim of Kinderkids Daycare is:

To provide high quality childcare services to children, thereby supporting their development and improving parent's access to education, training, employment and family support services.

Kinderkids operates 50 weeks per year from 8am - 6pm and caters for children from birth to 12 years.



TASK TEAM

Property Maintenance

Supporting the community through trade



A Social Enterprise

General Building Maintenance

Joinery

Plumbing

Electrical

Painting & Decorating

Cleaning



Now Offering Discounted Maintenance And Painting
 TASK TEAM is piloting a new project to offer discounted maintenance and painting and decorating services in New Lodge, Glenbryn, Tigers Bay, Ardoyne, The Oldpark and Carrickhill. Call now for a quote.



Some work carried by our tradesmen at Task Team:

- Decking
- Kitchens
- Fencing
- Doors & Floors
- Bespoke woodwork
- Plumbing
- Electrical
- Cleaning Services
- Gardening
- Painting & Decorating
- and much more

Task Team

5 Churchill Street, Belfast, BT15 2BP
 Tel: 028 90742255
 Email: enquiries@taskteampm.com

Supporting the community through trade
www.taskteampm.com



facebook.com/ashton.centre
facebook.com/ashtoncommunitytrust



Ashton are now on Facebook, you can send us a friend request to keep up to date on all our services, we have also created a Like Page, where we will also post information on a regular basis about all of our services, please send friend request or like our page to be kept updated. Thank you

LIKE US ON FACEBOOK

ASHTON 'serving North Belfast for over 25 years'

Ashton Community Trust is an award winning regeneration charity that has been delivering services in North Belfast for over 25 years. It employs over 250 people delivering a wide range of services. The Trust has a number of departments who have an online presence, please visit their websites, like their pages on Facebook or follow them on Twitter to be kept up to date on activities of Ashton Community Trust. Ashton's service delivery outputs are an important element in community and social development in North Belfast. In each of our service delivery areas we are constantly working to improve and grow the services we provide. Below is a brief summary of some of our key services.



Facebook: <https://www.facebook.com/ashtoncommunitytrust>
Website: <http://www.ashtoncentre.com/>
Main Ashton contact number: 028 90 74 22 55

Bridge of Hope is a community based health and emotional wellbeing service that works with individuals, families and communities affected by the conflict. Our services include complementary therapies, life coaching, psychological therapies including trauma counselling, personal and professional development, legacy and conflict analysis, as well as accredited VTCT training. We take a person centred approach to all of the work we do. You can easily access support by self-referring or by asking your GP or health care worker to refer you into us. Our local clinics operate from the Ashton Centre, McSweeney Centre and Alliance Avenue. We also deliver services in outreach locations right across the city of Belfast. If you would like to take steps to better health and wellbeing please phone and talk to the team on: 028 9022 1022 or 028 9543 8707. You can read lots more about Bridge of Hope by checking us out on Facebook or logging onto our website.



Bridge of HOPE

Facebook: <https://www.facebook.com/bridgeofhope.org>
Website: <http://www.thebridgeofhope.org/>

New Lodge Youth Centre

In 2012 the management of the Youth Centre in Upper Meadow Street, locally known as the Grey Gables, was officially handed over by the Belfast Education and Library Board to the Ashton Community Trust (ACT). The decision by ACT to take over management was based on the need to improve usage by local young people, increase programme delivery and maximise the overall potential. Some of the services provided include creative thinking skills, drama, arts and crafts, issue-based group work, cultural awareness, community relations, healthy lifestyles, positive behaviour and other programmes. For further information contact 9075 1358



Facebook: <https://www.facebook.com/NewLodgeYouthCentre>
Website: www.ashtoncentre.com/services/youth-development/

FabLab (Digital Fabrication Laboratory) is halfway between a laboratory and a workshop it's a place where you can make (almost) anything, where both small children and inventors can turn an idea into reality. We can make products out of wood, acrylic, composite moulds, silicon, cardboard, sheet aluminium, plastics, copper foil and vinyl using various technological methods. FabLab works with young people, students, community and voluntary organisations, arts groups and individuals, schools, universities and businesses helping people to develop their creativity, skills and life opportunities. For further information contact: 9075 5412



FABLAB
BELFAST

Facebook: <https://www.facebook.com/FabLabBelfast/>
Twitter: <https://twitter.com/FabLabBelfast>
Website: <https://www.fablabbelbelfast.org/>

The **Employment & Training Service** has a 20 year track record of delivering training and employability initiatives to unemployed people in North Belfast. Unemployed clients get one to one mentoring, access to high quality training and help identifying and applying for work. The organisation has developed strong links with local community groups, schools and employers and operates from over 20 outreach centres across North Belfast to ensure that all sections of the community have access. For further information contact 9074 2255



Ashton Community Trust
Employment & Training Services

Facebook: <https://www.facebook.com/AshtonEmploymentServices>
Website: <http://www.ashtoncentre.com/services/training-and-employment/>

New Lodge Arts provides an exciting and packed programme for young people of all ages in dance, drama, film-making, carnival arts, visual arts, volunteer development and youth leadership. We work with approximately 2000 children and young people each year. Our key aim is to make the Arts accessible to all in our communities regardless of age, gender or background. For further information contact 90742255



Facebook: <https://www.facebook.com/nlarts?fref=ts>
Twitter: <https://twitter.com/newlodgears>
Website: <http://www.newlodgears.com/>

Kinderkids Daycare

was established as a social enterprise by Ashton Community Trust in 2000. Since then, the daycares have expanded in response to demand and now operate three daycare centres in North Belfast. Kinderkids provides childcare services to over 250 children aged from birth -12 years. Each daycare is committed to providing high quality, day care and after schools services to children, thereby supporting their development and improving parents' access to education, training, employment and support services.



Kinderkids believes that learning begins at birth and has a profound effect on lifelong development and adult wellbeing. They acknowledge that quality child care promotes healthy child development at the same time as it supports families, reduces child poverty, advances equality, and deepens social inclusion. For further information contact 9074 2255

<http://www.ashtoncentre.com/services/childcare-family-support/>

The community magazine is produced by Ashton Community Trust with support from Belfast City Council

