

# Munch Programme



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Ashton Community Trust Are pleased to be launching our

Our new Munch programme starts on 11<sup>th</sup> September 2018 in New Lodge Youth Centre, Hillman Street. The programme offers participants taster sessions in different physical activities and gives participants a chance to expand their cooking skills in preparing meals that the whole family can enjoy. Participants will also complete a qualification in Level 1 Food hygiene and get to pick a Family Fun Day pass on completion. To be eligible for the programme participants must:

- Live in North Belfast
- Have at least one member of the family aged 16 or over unemployed or economically inactive



If interested please contact Kris, Nadine or Eileen on 02890742255 to register.



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