



Further information

If you would like to learn more about the services of Ashton Community Trust, you can either pick up a copy of our Directory of Services from Ashton Centre reception, 5 Churchill Street or download a PDF version from our website: www.ashtoncentre.com/about-us/publications or email: leo.morgan@ashtoncentre.com to be emailed a copy.



'To promote positive change and improve the quality of life of the North Belfast community'

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Ashton Community Trust



- Community Impact
- Training & Employment
- Culture & Arts
- Design & Fabrication
- Health & Wellbeing
- Childcare
- Youth Development
- Social Enterprise
- Family Support

Ashton Community Trust

Ashton Centre, 5 Churchill Street, Belfast, BT15 2BP
Tel: (028) 9074 2255 Email: info@ashtoncentre.com

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Ashton Community Trust



This leaflet has been designed with local people in mind. As Ashton Community Trust grows and services expand, we want to make sure that local communities have a good understanding of what we do and more importantly how to access the services we deliver.

Across Ashton and its departments (Bridge of Hope, Training & Employment Services, Kinderkids, FabLab Belfast, New Lodge Youth Centre, Community Development, New Lodge Arts, Lower North Belfast Family Support Hub and North Belfast Social Enterprise Hub) we have a suite of services that can educate, support and empower individuals and families to improve their lives and achieve goals. More details about these services are outlined in this leaflet and online:

Website: www.ashtoncentre.com

Facebook: www.facebook.com/ashtoncommunitytrust

Twitter: twitter.com/ashtoncommtrust

Main Ashton contact number: 028 90 74 22 55

- Community Impact
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Community Impact

Ashton's Community Development Department encourages and enables people to avail of services and to participate in organisational structures that respond to issues of social need, concern and disadvantage affecting community life. This is complemented by ongoing provision of community information systems and the promotion of initiatives to increase people's capacity, awareness, knowledge, skills and experience. When put together, these processes help to equip individuals and groups, to combat the various social, economic and environmental problems that affect their everyday lives. To achieve maximum participation and active partnership in delivering these processes Ashton cooperates with other local community groups and activists.



For further information contact: (028) 90742255

Facebook: www.facebook.com/ashton.centre

Website: <http://www.ashtoncentre.com/community-impact/>

Training & Employment

Ashton's Training & Employment Service provides a one stop shop for anyone interested in accessing support to get a job. You must be unemployed, live in Belfast or Newtownabbey and interested in getting back into work. Projects contain three main elements: Mentoring: Every client will get an individual mentor who will guide them on their journey to work. Training: Our training menu changes but focuses on vocational training that will help people get work. Employment Liaison: Working with employers to bring exclusive job opportunities to clients. Our service is confidential, free, friendly and accessible.



For further information contact: (028) 90742255

Facebook: www.facebook.com/TrainingEmployment

Website: <http://www.ashtoncentre.com/community-impact/>

Culture & Arts

Ashton's New Lodge Arts provides innovative, fun and educational arts-based activities across North Belfast that unlock young peoples' potential inspiring them to grow and succeed including New Lodge Arts Academy. The Academy provides a range of weekly arts classes comprising Dance, Visual Arts, Drama and Youth Leadership/Event Management. Another key area is Youth Arts Development which includes personal development programmes such as Event Management, Youth Advisory Group, Volunteer Development and Youth Achievement Training. We also organise Community Pride Programmes including the annual North Belfast Lantern Festival and outreach programme and the North Belfast Winter Fest providing a variety of Christmas themed activities including a Pantomime, Santa's Grottos, Christmas Quiz and Pensioners Dinners.



For further information contact: (028) 90742255

Website: www.newlodgearts.com

Facebook: www.facebook.com/nlarts

Design & Fabrication

Ashton's FabLab Belfast (Fabrication Laboratory) is a fully kitted fabrication workshop developed by the Massachusetts Institute of Technology (MIT) to improve technological skills and resources, particularly in disadvantaged and under-served communities. FabLab Belfast is equipped with state of the art 2D and 3D design software that allows you to fabricate your designs on a range of CNC fabrication equipment. This includes, small and large bed laser cutters, small to large bed 2D and 3D milling machines, large format vinyl plotters and a range of desktop and commercial 3D printers.



For further information contact: (028) 9075 1358

Facebook: www.facebook.com/Fablab-Belfast

Website: www.ashtoncentre.com/services/design-fabrication/

Health & Wellbeing

Ashton's Bridge of Hope is a community health & wellbeing service that works with individuals, families and communities affected by the conflict and poor levels of physical and emotional health. Since 2001 we have supported over 18,000 people access wellbeing services such as: Complementary Therapy; Physiotherapy; Life Coaching; Counselling & Psychological Therapy; Accredited VTCT Training; Personal Development Courses & Conflict Legacy Programmes. These services help to manage stress and encourage the development of positive and resilient lives. We are a community advocate in the field of mental health and suicide prevention in Belfast.



For further information contact: (028) 90221022 (028) 95438707

Facebook: www.facebook.com/bridgeofhope.org/

Website: www.ashtoncentre.com/services/health-wellbeing/

Website: www.thebridgeofhope.org

Childcare

Ashton's Kinderkids Daycare was established in 2000 as a social enterprise of ACT. Over the years Kinderkids has expanded in response to local need and now operates three childcare centres in North Belfast. The aim of Kinderkids Daycare is: 'To provide high quality childcare services, thereby supporting children's development and improving parent's access to education, training, employment & family support services.' Currently Kinderkids accommodates over 250 childcare places per week across all three childcare centres and employs over 70 staff on a full and part time basis. Kinderkids is an extremely important aspect of ACT's day to day business and represents an important social and economic driver for the local community.



For further information contact: (028) 90742255

Website: www.ashtoncentre.com/services/childcare-family-support/

Youth Development

Ashton's New Lodge Youth Centre provides a high quality youth service in the local community to facilitate the personal, social, emotional development of young people. We work in partnership with young people to meet their needs and aim to create an environment of mutual respect and understanding, equity, diversity and interdependence. New Lodge Youth Centre delivers a wide range of accredited and non-accredited personal and social development opportunities for young people including programmes that focus on alcohol and substance abuse, peer mentoring, drug awareness, disability awareness, citizenship, independent travel, sexual health, cultural awareness and diversity, cookery, independent living and active community participation.



For further information contact: (028) 9075 1358

Facebook: www.facebook.com/NewLodgeYouthCentre

Website: www.ashtoncentre.com/services/youth-development/

Social Enterprise

Ashton's North Belfast Social Enterprise Hub seeks to tackle poverty and social exclusion. It is available to all new or existing social enterprises with an idea for a new product or service. All potential social enterprises once registered can avail of support including hot desking, grant tracker, one to one mentoring support, test trading and workshops based on topics like leadership, writing tenders, strategic planning and measuring social impact. From a recent evaluation it is clear that the social enterprise hubs have performed strongly in respect of promoting the social economy model. The North Belfast Social Enterprise Hub has helped to advance a large amount of new social enterprise activity and has leveraged investment and resources.



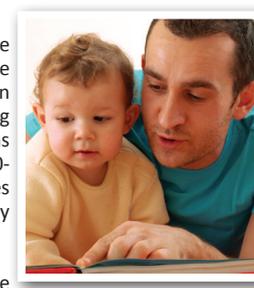
For further information contact (028) 9521 5528

Facebook: www.facebook.com/NorthBelfastSEHUB

Website: www.ashtoncentre.com/services/social-enterprise/

Family Support

Ashton's Family Support Hub Ashton Community Trust is the Lead body for the Lower North Belfast Family Support Hub. The Family Support Hub provides early intervention services to families and young people requiring support. The Hub brings together organisations that deliver services to children/young people (0-18 years) and their parents/carers. This includes community, statutory and voluntary family support services.



There is now no need for families to struggle alone through life's difficulties because the Lower North Belfast Family Support Hub is here to help. Should you have any queries about the Hub or should you wish to refer your family to the Hub please contact: **Edith McManus**, the Lower North Belfast Family Support Hub Co-ordinator at the Ashton Centre 02890 749986 or email: edith.mcmanus@ashtoncentre.com www.ashtoncentre.com/services/childcare-family-support/family-support-hub/